

Get Your Body **Moving**.
It Makes You **Happy!**



What did you do today?

Bike ~ Boogie ~ Carry ~ Catch ~ Cavort ~ Chase ~ Climb ~ Crawl ~ Dash ~ Dig ~ Frolic ~ Gallop
Hop ~ Jog ~ Jump ~ Jump rope ~ Leap ~ Lift ~ Move ~ Play ~ Pull ~ Push ~ Revel ~ Ride ~ Romp
Run ~ Skate ~ Skip ~ Spin ~ Swim ~ Swing ~ Tag ~ Trot ~ Twirl ~ Walk ~ Workout ~ Wrestle